

## NEWS RELEASE

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### HEALTH AND WELLBEING TOP PRIORITY FOR HAMMONDS

National law firm, Hammonds LLP, is introducing a health screening programme for its employees. Starting in the Manchester office, Hammonds is looking to roll out the programme to its three other UK offices.

The top 30 UK law firm is encouraging staff to have an hour long health check at work. The screenings from Screenetics only require employees to remove their socks as a set of non-invasive checks are carried out. The tests, including a pin prick for a tiny sample of blood, give an in-depth analysis of cholesterol (good and bad cholesterol), diabetes, H.pylori (the cause of stomach ulcers and often misdiagnosed as IBS), anaemia, Cardiac Risk Assessment, a prostate blood test for men, and a full body composition test, including a bone density scan to test for osteoporosis.

As part of the session, employees also have a lifestyle assessment and an action plan to help maintain good health. Results can be accessed and tracked online confidentially.

Jane O'Connell, Reward & Benefits Advisor, at Hammonds said: "We were looking for a way to provide a service for our employees to make it easier for them to stay on top of their health whilst at work. It is being delivered as a salary sacrifice scheme that should make it more cost effective. We also hope it'll prove to be more convenient for our busy lawyers because the screenings are held in the office."

Kevin Hollick, director, Screenetics said: "Lawyers are very busy people with little time to have health checks at their GPs. Our screenings only last for an hour in the office and results are available in an instant. Employees are also able to ask questions about their results there and then."

Sample screenings are available to businesses looking to roll out health screening to their staff. Screenetics works with employers to find a health screening solution that suits them and their budget.

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Notes to Editors

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**About Screenetics**

Screenetics is a health screening service designed to provide an accurate picture of current and future health. The range of services delivered by Screenetics is broad and includes bone mineral mass, Prostate Specific Antigen, body fat, cholesterol, basal metabolic rate, plus many more. The programme has been designed to combat the most common causes of illness and long term sickness experienced within the workplace.

The convenient service is delivered directly to workplaces and organisations, as all equipment is portable, which means that staff do not have to leave site and minimal down time is required. Employers investing in staff health benefit from improvements to the bottom line, as well as improved working environments.

*All screenings and assessments are carried out by expertly trained technicians and healthcare professionals.*

**[www.screenetics.co.uk](http://www.screenetics.co.uk)**