

## **NEWS RELEASE**

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### **MHS HOMES GROUP VERY HAPPY WITH HEALTH SCREENING**

MHS homes group, provider of quality homes at affordable rents, teamed up with Screenetics to offer its employees health screenings. The business, which manages 8,000 homes in the Medway area of Kent, had exceptional levels of positive feedback from its employees following the health screening programme.

The bi-annual programme is offered to mhs employees as a benefit and has been taken up by more than 100 staff members. Feedback from the employees that underwent health checks by Screenetics, reported that the screenings were professionally carried out and that the results were clear and fully explained by the experts who were pleasant and helpful.

The health checks cover a core set of evidence-based tests that are non-invasive\* and are carried out in the workplace. The test results are available in an instant, which means that employees have the opportunity to discuss their results immediately with medical experts from Screenetics and can take away an action plan at the end of the session to optimise their health. This forum for dialogue ultimately leads to greater clarity and understanding of the screening results and favours positive change to the lifestyles of employees who have undergone health checks.

Colin McCarthy, Head of Human Resources, mhs homes group said: "mhs homes is committed to the well-being and morale of its employees. A fit, healthy and productive workforce will strengthen any organisation. Screenetics provided an excellent service for us. What's more, the service represents excellent value for money.

"Having the health screenings in the office created such a 'buzz' that had staff engaging with their health in a way that hadn't been seen before. The educational aspect Screenetics delivers with its health checks leaves people with a much clearer understanding of the impact of their lifestyles."

Kevin Hollick, Director, Screenetics said: "We like to make sure that our screenings give people the chance to take stock of their health and lifestyle and, if necessary, make changes to ensure they stay

as healthy as possible. We like to think that our approach to our high quality and effective health checks is being seen by clients as a breath of fresh air in our niche in the market.”

Sample screenings are available to businesses looking to roll out health screening to their staff. Screenetics works with employers to find a health screening solution that suits them and their budget.

- Ends -

*\* The tests include an in-depth analysis of Cholesterol (good and bad cholesterol), diabetes, H.pylori (the cause of stomach ulcers and often misdiagnosed as IBS), iron levels, Cardiac Risk Assessment, a prostate blood test for men, and a full body composition test, including a bone density scan to test for osteoporosis. The session also includes a lifestyle assessment and an action plan to help maintain good health. Results can be accessed and tracked online confidentially.*

Notes to Editors

**For further information or photographs please contact:**

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**About Screenetics**

Screenetics is a health screening service designed to provide an accurate picture of current and future health. The range of services delivered by Screenetics is broad and includes bone mineral mass, Prostate Specific Antigen, body fat, cholesterol, basal metabolic rate, plus many more. The programme has been designed to combat the most common causes of illness and long term sickness experienced within the workplace.

The convenient service is delivered directly to workplaces and organisations, as all equipment is portable, which means that staff do not have to leave site and minimal down time is required. Employers investing in staff health benefit from improvements to the bottom line, as well as improved working environments.

*All screenings and assessments are carried out by expertly trained technicians and healthcare professionals.*

**[www.screenetics.co.uk](http://www.screenetics.co.uk)**